

Automne

Hiver

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# SPRING

Information to help you prepare for school



## I play, therefore I learn

When my child **plays**, they learn a lot of important skills for school: talking, moving, thinking, creating, waiting their turn, collaborating...

Play helps them **grow**, **gain confidence**, and **feel ready for school**.

### During the month of April



Online Parent Meeting:

*Getting Ready for the Transition to Preschool*

I can ask my questions at the end.

Link to register for the event : <https://bit.ly/3Lgc9BJ>

I receive an email from [tcfjoi@gmail.com](mailto:tcfjoi@gmail.com) including the link to the event.

[Brochure on the importance of play](#)<sup>1</sup>



## Welcome to Kindergarten Day

In the spring, my child and I are invited to an **welcome to kindergarten event** at the school. This event house takes place at my child's school in **May or June**. This event house explains :

- **School schedule** and calendar
- School **childcare services**
- School **bus**
- List of **school supplies** to purchase
- **Progressive entry**



## The preschool classes



There are four types of preschool classes:

- Kindergarten for 4-year-old
- Kindergarten for 5-year-old
- welcome class (classe d'accueil) (offered in some French Schools)
- special education classes (offered in some French Schools)

They all follow the **same preschool cycle program** and are **adapted to children's needs**.



To see what a typical school day is like: [Video](#)<sup>2</sup>



1. <https://drive.google.com/file/d/1aP3kKrCM3UdfexCQH4WG9VgMbfBj3xGy/view>  
2. <https://www.youtube.com/watch?v=fM0l3625zIM>

# What can I do with my child this Spring ?

## Routine: Bedtime

Routines help my child know what is expected of them. They give them a sense of **security** and **confidence**. Using a routine with pictures, makes it **easier** for my child to follow. This helps my child become more **independent**.

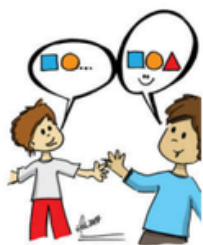
A **bedtime routine** can **help** my **child fall asleep** and get a **good night's sleep**. **Quality sleep** supports my child's **learning, growing and overall development**.



For the full document : [Table de concertation petite enfance jeunesse de Lachine](#)

## Language tips

I add a word  
to the child's  
sentence



I read stories  
in my home  
language



I sing children's  
songs and  
encourage the  
child to imitate  
my gestures



For the full document : <https://agirtot.org/parc-extension/trousse-de-conseils-langage/>

## Activities

### Observe your surroundings

Ask your child from time to  
time to tell you what the  
temperature is outside.

Ask them to choose their  
clothes according to the  
temperature.



### Zipper



### Velcro fasteners



### Discover words and concepts while having fun

Hello **Monday**,  
How are you doing **Tuesday**?  
Very well **Wednesday**.  
I come from **Thursday**.  
To tell **Friday**  
That he is getting ready **Saturday**  
To travel **Sunday**



### Encourage them to say hello and goodbye

Teach them  
to greet  
people they  
meet.

Adults and  
children alike  
say hello to  
each other at  
school!



For the full document : <https://www.ltqhm.org/ressources/je-me-prepare-pour-la-maternelle>